

Championing Innovation & Change for Alberta's Seniors

Jasneet Parmar, MBBS, Medical Director Network of Excellence in Senior's Health and Wellness

Melissa Johnson, MSc, Innovation Fund Coordinator Network of Excellence in Seniors' Health and Wellness



Why develop a network for seniors' health and wellness?

- By 2031, one in five Albertans is expected to be 65 years of age and older, more than 923,000 individuals.
- We need innovative solutions that best support seniors and advance excellence in care.
- These must be outcome focused, sustainable and economically viable.
- They must be collaborative in order to drive system change.

The Network will:



- Draw together the best minds, ideas and practices that can be applied to supporting seniors.
- Explore innovations in community, facilities and support systems.
- Look at ways to improve and extend years of living in good health.
- Collaborate across sectors and the provincial system.

The Innovation Fund is designed to attract the best ideas and practices to support seniors

The Network's Innovation Fund was launched in November 2013 and sought innovative projects that would help:

- Maintain and enhance seniors' health and wellness.
- Improve delivery of seniors' care and services.
- Reduce reliance on institutional care.
- Foster long-term sustainability.
- ➤ 13 proposals were approved: projects will receive oneyear funding.
- ➤ The second Innovation Fund call will be announced in Spring 2015.

Innovation Fund Project Themes 2014

- Improve delivery/quality of care
- Build leadership capacity
- Coordinate efforts
- Inspire and empower seniors in self-care
- Educate and support front line workers

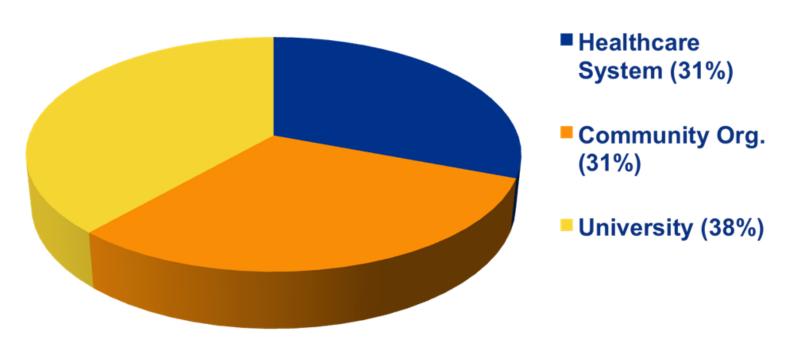
Innovation Fund Projects 2014



- 4) Fostering long term sustainability of a publicly funded seniors' health and wellness system.
- 3) Reducing the reliance of Seniors' on institutional care.
- 2) Improving the delivery of Seniors' Care and Services.
- 1) Maintaining and enhancing Seniors' health and wellness.

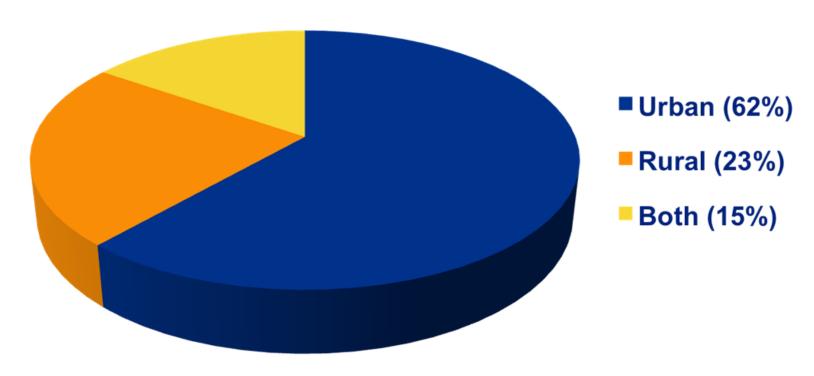
Innovation Fund Applicants 2014

Origin of Proposal



Innovation Fund Projects 2014

Project Site: Urban or Rural



2015: Hearing Feedback

- The Network's second annual forum: What's Stopping Us? Innovating for Seniors' Health and Wellness Red Deer, November 27, 2014
- Heard from 100+ delegates on key areas of focus to expand and improve community based care for seniors.
- Wide-ranging discussion provided input to the 2015
 Innovation Fund Target Areas.

The 2015 Innovation Fund Target Areas

- Supports to aging in community.
- Innovative or alternative models of care that allow seniors to remain in their own homes.
- Community based support to family caregivers of seniors.
- Person-centered care models that demonstrate input from seniors, families, caregivers.

Collaborate across sectors and the provincial system

- Seniors' Strategic Clinical Network: Appropriate Use of Antipsychotics project; Elder Friendly Care Initiative; Provincial Dementia Strategy.
- Bone & Joint and Seniors' Strategic Clinical Network: developing a center of excellence for post- hip fracture care.
- Partnered Symposium: Supporting Family Caregivers of Seniors: Improving Care and Caregiver Outcomes.
- Seniors' Coalition: collaborating with provincial partners to advance seniors' issues.

The Network Offer

To help advance a sustainable, age-friendly Alberta we will:

- Activate innovation to support seniors.
- Broadly share knowledge gained from Innovation Fund projects and other Network initiatives.
- Engage seniors and our other stakeholders to move innovations forward.





Championing Innovation & Change for Alberta's Seniors

Thank you

