

Responsive Behaviours Symposium VII - Building Resilience: Caring for the Care Provider

20 February 2019



Agenda

8:30 - 9:00 AM - Registration & webinar set-up

9:00 - 9:15 AM - Welcome & introductions - ICCER

9:15 - 10:00 AM - *Building Resilience in Your Team* -
Lynne Moulton & Tammy Damberger

10:00 - 11:00 AM - *Building Resiliency Through
Mindfulness* - Lynn Anderson & Rebecca Low

11:00 - 11:15 AM - BREAK

11:15 AM - 12:15 PM - *Music and Mindfulness Tools
for Self-Care* - Fleur Hughes

Agenda Continued

- 12:15 – 1:00 PM - LUNCH BREAK (Note: No lunch will be provided for this session)
- 1:00 - 1:45 PM - *Psychological Health in the Workplace: Carewest's Journey* - Darrell Lang
- 1:45 - 2:45 PM - *The Aggressive Behaviour Risk Assessment Tool (ABRAT-L): A new tool to help predict resident aggression in LTC* - Brigette Berry & Lori Young
- 2:45 - 3:00 PM - Closing remarks

Housekeeping

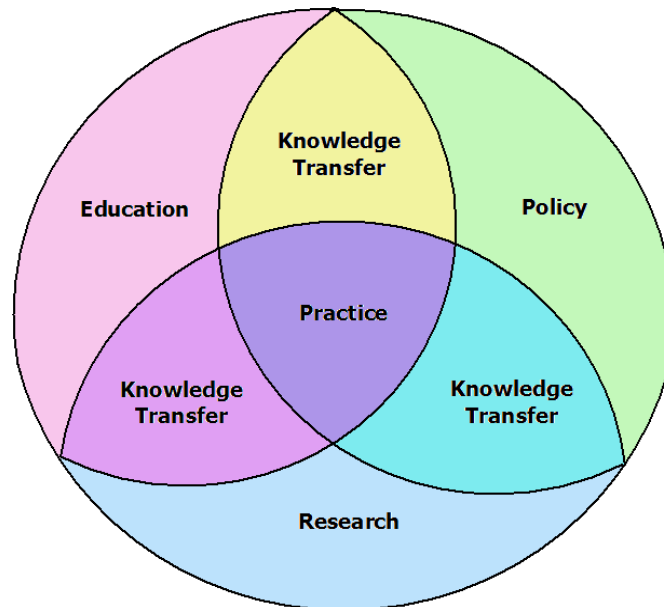
- Please keep your controls on 'mute' unless you are asking a question. If you are using your computer for audio, and have a mic, you can put your hand up to speak and ask your question, or you can type the questions in the chat box.
- If you are using the telephone for audio, you will not be able to ask questions directly. You will have to use the chat box.

Housekeeping

- You can also text 780-914-9590 or email sandra@iccer.ca to have your question read out.
- There will be one 15 minute break, plus a lunch break. We will start back 1:00 PM sharp.

INSTITUTE FOR CONTINUING CARE EDUCATION AND RESEARCH (ICCER)

A network of post-secondary institutions, continuing care providers, and regulatory bodies collaborating to improve continuing care in Alberta



Community Needs Driven Research Network (CNDRN)

- The purpose is to identify needs – **from the perspective of the community and care providers** - related to continuing care where education and/or research could help improve care

AND

- To encourage research and knowledge translation to address the identified issues.

Community Needs Driven Research Network (CNDRN) for Continuing Care in Alberta

Top 10 Issues Identified by CNDRN Consultation Process & Related Research & Education supported* by IC CER as of February 2019

<p>1. Managing Behaviours:</p> <ul style="list-style-type: none"> • Challenging/Responsive Behaviours - Developing an AB Action Plan Symposium (2012) • Managing Responsive Behaviours - PI Dr. S. Brémault-Phillips, U of A (2013) • Behavioural Supports Alberta Symposium (2014, 2015, 2016) • Connecting with People with Dementia - PI N. MacLachlan, Bow Valley College (2015/16) • Managing Responsive Aggressive Behaviors: Implementing & Evaluating a Capacity Building Process in Acute Care, Supportive Living & LTC - PI Dr. S. Brémault-Phillips, U of A (2014-2017) • Responsive Behaviours Symposium 2017 - Communication Tools to Enhance Care (2017) • Fort McMurray - Communication Tools to Enhance Care (2017) • Responsive Behaviours Symposium 2018 - Becoming a Behavioural Detective: Supporting Complex Behaviour in Elder Care (2018) • Fort Chipewyan - Communication Tools to Enhance Care (2018) • Responsive Behaviours Symposium 2019 - Building Resilience: Caring for the Care Provider (2019) 	<p>6. Person and Family Centred Care:</p> <ul style="list-style-type: none"> • Creating Culture Change in Continuing Care & Removing Expressive Behaviours in Dementia Care education sessions (2014) • IC CER Speed Networking Event: Caregiving (2015) • Family/Staff Relationships in Continuing Care education session (2015) • Towards an Alternative Material Culture of Dementia Care - PI Dr. M. Strickfaden, U of A (2015/16, 2016/17) • IC CER Speed Networking Events: Person & Family Centred Care (2016); The Importance of Communication in Person Centred Care (2017); Influences on Person Centred Care: Teamwork & Policy (2017) • Collaborative Practice Discussions: Building Family/Resident Engagement in LTC & Supportive Living (2017) • IC CER Networking Events: Enhancing Mealtimes in Long-Term Care (2017) • IC CER Networking Events: Living Spaces: Policy Supports and Barriers in Alberta (2018) • Collaborative Practice Discussions: Building Resident/Family Engagement in Continuing Care (2018) • BedMed Frail - PI S. Garrison (2018) • IC CER Networking Events: Ethical Issues in Continuing Care (Sexuality & Cannabis Use) (2018)
<p>2. Education related issues:</p> <ul style="list-style-type: none"> • Creating Cultures of Care: How Responsive Leadership Enables Responsive Care events (2013) • Responsive Leadership - Pls Dr. S. Caspar & D. McLeod, Bethany Care Society (2014/15) • Inter-RAI: Utilizing Data to Enhance Clinical Care education session (2015) • Creating Cultures of Care through Responsive Leadership workshops (2016) • Learning Circles - Pls D. McLeod, Bethany Care Society & G. Barrington, Barrington Research (2013); Pls Dr. S. King, U of A & S. Friesen, Bethany Care Society (2014/15); Pls S. Friesen, Bethany Care Society & Dr. S. King, U of A (2016/17) • Falls Prevention in Continuing Care and the Community education session (2017) • Collaborative Practice Discussions: Creative and Collaborative Approaches to Learning (2018) • IC CER Networking Events: Keeping Seniors Safe (2018) 	<p>7. Support for recreation & rehabilitation:</p> <ul style="list-style-type: none"> • Recreation Services & Quality of Life - Pls Dr. G. Walker & Dr. R. Haennel, U of A (2014) • Determining Factors in the Care Environment that Influence the Effectiveness of Recreation Activities - PI D. Milke, CapitalCare (2015/16) • Implementing Music Care in Continuing Care education session (2016) • Music Care Community of Practice (2016 ongoing) • Music Care Conference (2017) • Feasibility and Acceptability of Personal Contact Interventions to Address Loneliness for People with Mild-to-Moderate Dementia in Long-Term Care - PI H. O'Rourke, U of A (2018) • Framing of an Alberta-based Music for Life program - PI H. O'Rourke, U of A (2018) • Adaptation of Music for Life: Development of Training Materials - PI H. O'Rourke, U of A (2018) • Music, Aging and Wellness - exploring music-based health arts policy in Canada as it relates to the ageing population – Pls B Foster & L Willingham (2018)
<p>3. System navigation & transition of care:</p> <ul style="list-style-type: none"> • Feasibility Study of an On-Line Intervention for Family Caregivers of Residential-Living Frail Older Persons - PI Dr. W. Duggleby, U of A (2016/17) • Feasibility Study of an On-Line Intervention for Family Caregivers of Residential-Living Frail Older Persons - PI Dr. W. Duggleby, U of A (2016/17) 	<p>8. Intercultural issues:</p> <ul style="list-style-type: none"> • Scoping Cultural Awareness Training Options for Staff Working with Older Canadians in CC in AB - PI Dr. L. Venturato, U of C (2014/15) • IC CER Speed Networking Event: Intercultural Issues (2016)
<p>4. Role definition within the CC sector:</p> <ul style="list-style-type: none"> • Optimizing Workforce Utilization to Inform Care Delivery in Continuing Care Facilities - Pls Dr. E. Suter, AHS & S.C. Woodhead Lyons, IC CER (2012/13) • A Comparison of the Effectiveness of Electronic vs. Paper-based Documentation - PI J. Tse, Wing Kei Care Centre (2014/15) • Collaborative Practice Discussions: The Role of Health Care Aides in Continuing Care (2017) 	<p>9. Palliative Care, end of life, & hospice:</p> <ul style="list-style-type: none"> • Transitions Experienced by Family Caregivers of Persons at the End of Life - PI Dr. W. Duggleby, U of A (2014/15) • Participation in Embedding Palliative Approaches to Care (EPAC) Spread Collaborative (2018) • Palliative & End of Life Care in Continuing Care education session (2018)
<p>5. Staff retention & recruitment:</p> <ul style="list-style-type: none"> • Exploring the Influence of Teamwork on Recruitment and Retention - Pls Dr. S. Dahlke & Dr. S. Stahlke, U of A (2015/16, 2016-17) • Collaborative Practice Discussions: Supporting Staff in Abusive Situations (2018) 	<p>10. First Nations issues:</p> <ul style="list-style-type: none"> • Developing an Educational Model to Support CC in Remote Northern Communities - Pls Dr. S. King, U of A & Dr. V. Thompson, Keyano College (2014/15) • An Experiential Learning Curriculum to Support the Care of Aboriginal Populations in Continuing Care in Remote Northern Communities - Pls Dr. S. King, U of A & Dr. V. Thompson, Keyano College (2016/17)

Transfer knowledge back to caregivers in the community, including:



<https://www.facebook.com/iccer.ca/>



https://twitter.com/IC CER_AB



<http://tinyurl.com/p9eabah> (Group)

<http://tinyurl.com/oo6kjud> (Company)

Our Speakers

- Lynne Moulton
- Tammy Damberger
- Lynn Anderson
- Rebecca Low
- Fleur Hughes
- Darrell Lang
- Bridgette Berry
- Lori Young

Please complete an evaluation!

The link to the online evaluation will be sent out to all registrants by tomorrow afternoon.

If you have a webinar link, the evaluation link will be sent to the person who registered. If you have multiple people viewing, please share the link with them.

Contact Us

Sandra Woodhead Lyons, ICCER

780-248-1504

sandra@iccer.ca

Emily Dymchuk, ICCER

780-248-5634

emily@iccer.ca


Further information

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