



Intergenerational Programming

Diana O'Donoghue
Kim Turcotte
edmonton.ca/agefriendly

Setting the Stage

What is your fondest intergenerational experience or memory?

How did it impact your understanding of someone from a different generation in that moment?

Setting the Stage

Think about a negative intergenerational experience?

Why was it negative? What did you learn?

Age Friendly Edmonton

Our Vision

Edmonton is an age-friendly city that recognizes the diverse contributions and needs of seniors, and actively supports their inclusion, engagement, and well-being

Our Purpose

We raise awareness about age-friendly ideas and bring people together to create opportunities that enhance the aging experience for our communities.



Intergenerational Programming:



Intergenerational programming is a great way to connect individuals of **any age** and **across generations**, to allow them to share, learn and engage with each other.

[Edmonton.ca/age friendly](https://Edmonton.ca/agefriendly)- then click on Resources

Activity

Turn to your neighbour and introduce yourself.

Why Intergenerational programming?

The benefits of intergenerational programming are as diverse as the types of programs offered.

Learning opportunities.	Address myths, stereotypes behind ageism.	Community collaboration.
Share skills, knowledge and expertise.	Potential to bridge gaps and challenge participants' preconceived notions of other age groups.	When organizations work together, and build strong relationships, they are able to create thriving community spaces.
Positive role modeling and mentorship can lead to mental health support.	Telling stories can foster relationships and shift social perceptions..	Collaboration can result in sharing resources and expertise to “co-create” where everyone ‘wins’



Using the Toolkit

Using the Toolkit - Getting Started

Using the Toolkit - Logistics

Budget planning sheet

EXPENSES: WHAT ARE THE COSTS TO RUN THIS PROGRAM/ EVENT?

Expenses	Projected Cost
Instructor	\$ _____
Staffing	\$ _____
Programming equipment	\$ _____
Cost of room rental	\$ _____
Insurance, licenses or permits	\$ _____
Advertising	\$ _____
Food/refreshments	\$ _____
Participant transportation	\$ _____
Other	\$ _____

Total expenses: \$ _____

REVENUE: HOW WILL YOU BE FINANCING THIS PROJECT?

Revenue Source	Expected Revenue
Participant fees	\$ _____
Sponsors	\$ _____
Grants	\$ _____
Fundraising	\$ _____
Community groups	\$ _____
Other	\$ _____

Total revenue: \$ _____



TIPS!

Creating your budget

- Compile your list of expenses and income into one document.
- Include a contingency or 'emergency' amount that is 10 – 15% of your total budget.
- Ensure that this financial outcome corresponds to your goal for the project (i.e. cost recovery model, profit margins).
- Don't overestimate your income.
- Secure approval for your budget, if required.

Managing your budget

- Track your actual expenses and income for comparison with your budget.
- Make adjustments as necessary (i.e. determine if you need to make more money, reduce your expenses or spend more money to achieve the approved goal for the program).

Using the Toolkit - Implementation

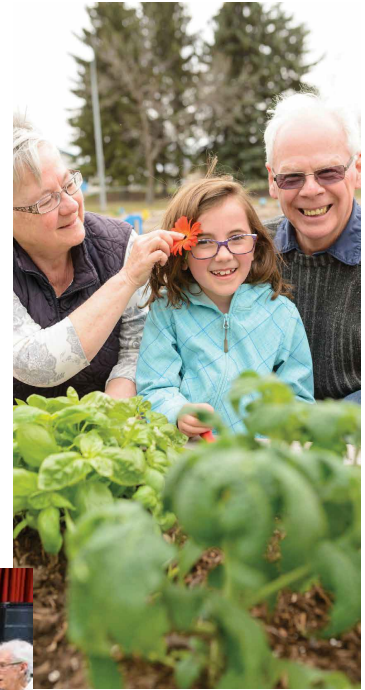
How we shared the Toolkit

What we Heard from Participants about the Toolkit

Examples of intergenerational programs



Examples of intergenerational programs



Where to Find Intergenerational Toolkit

www.edmonton.ca/agefriendly

Intergenerational Toolkit



Intergenerational Programming is a great way to connect individuals of any age and across generations, to allow them to share, learn and engage with each other. This toolkit and accompanying resource guide, was designed to assist organizations to play and implement intergenerational programs.



Questions

Diana O'Donoghue

Email: diana.o'donoghue@edmonton.ca

Phone: 780-442-7160

Kim Turcotte

Email: kim.turcotte@edmonton.ca

Phone: 780-944-5504

