

Institute for Continuing Care Education & Research - An academic/community collaboration to enhance Alberta's continuing care sector

1 May 2017



Agenda

- What is continuing care in Alberta?
- Introduction to ICCER (S Woodhead Lyons)
- Linkages to Education – PSI perspective (N MacLachlan)
- Linkages to Research – PSI perspective (E Goble)
- Provider perspective – (D Flauer)
- Discussion on how research/ education/ practice overlap and inform each other - All

Alberta's Continuing Care System

Home Living

- Independent living
- Supports from family or home care program

116,462 unique Home Care Clients¹

Supportive Living

- Congregate Setting (lodges, group homes, designated supportive living, etc.)
- Combines accommodation and support services

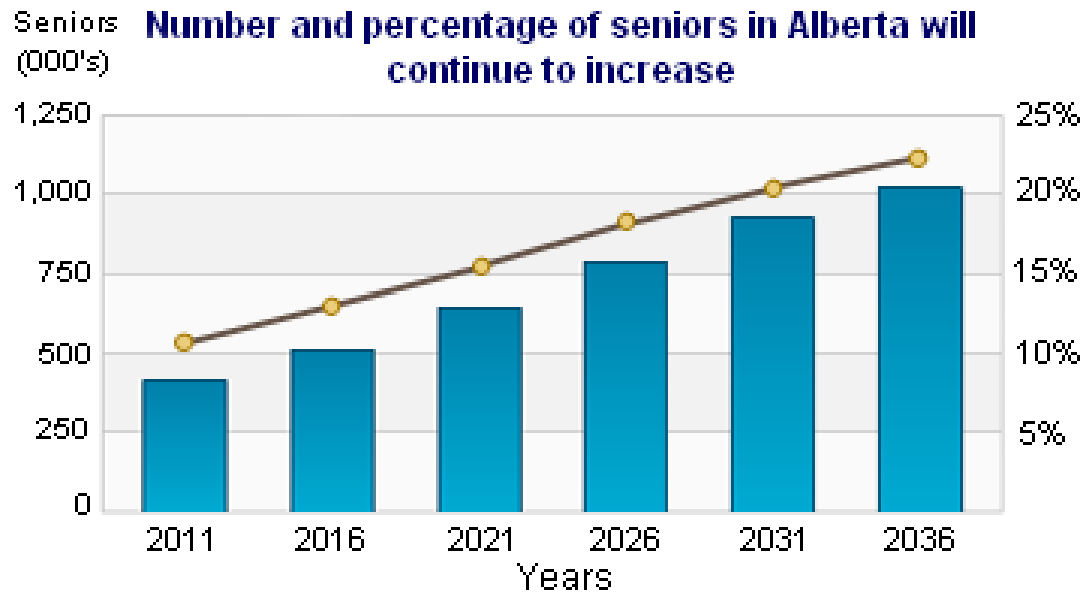
30,878 SL spaces (9,936 DSL)¹

Long-Term Care

- Nursing Homes and Auxiliary Hospitals

14,768 LTC spaces¹ (19,936 unique individuals²)

Alberta's Aging Population



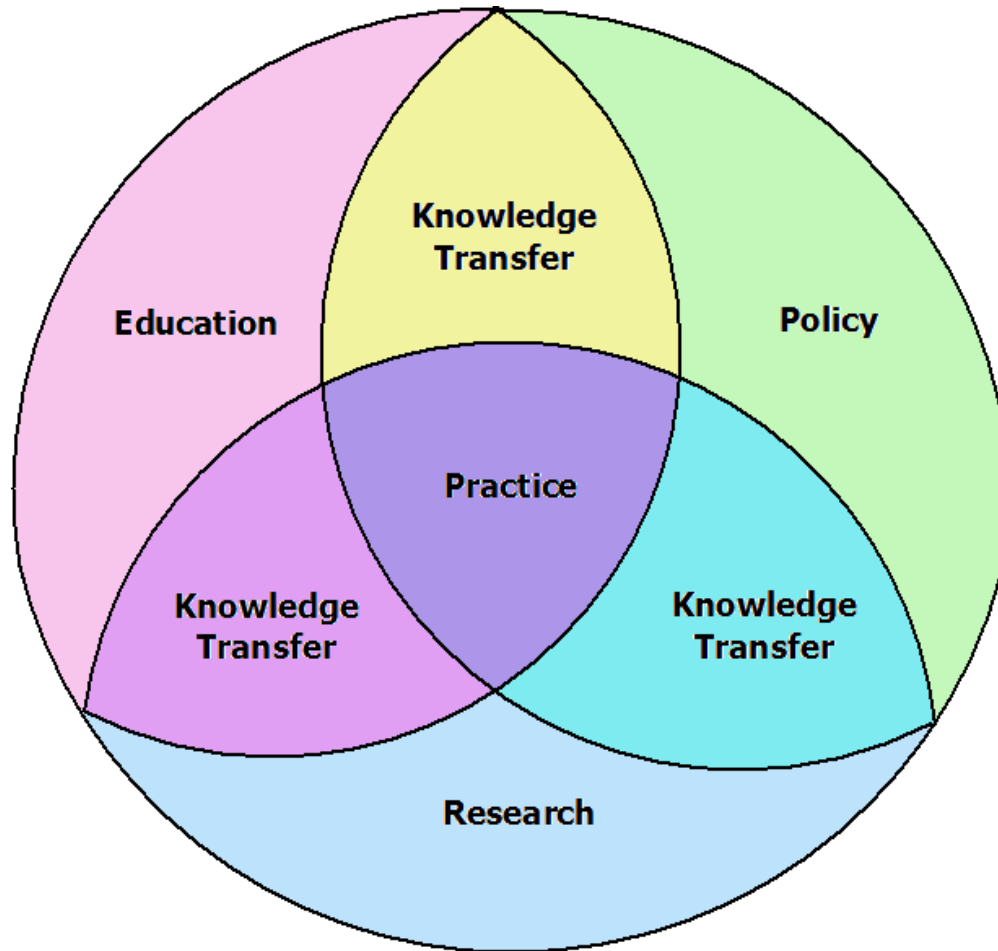
Source: Statistics Canada population projections for Canada, Provinces, and Territories, 2009-2036 (medium projection)

Institute for Continuing Care Education and Research (ICCER)

A network of post-secondary institutions, continuing care providers, and regulatory bodies collaborating to improve continuing care in Alberta by:

- encouraging research,
- translating knowledge into better practice,
- enhancing education, and
- informing policy.


Five Strategic Directions



Current Members

- Ashbourne
- Bethany Care Society
- Bow Valley College
- CapitalCare
- Carewest
- CPLNA
- Excel Society
- Extendicare
- Keyano College
- Lifestyle Options
- NorQuest College
- St. Michael's
- Shepherd's Care
- Sherwood Care
- University of Alberta
- Wing Kei

Community Needs Driven Research Network (CNDRN)

- First funded by Alberta Innovates Health Solutions
- Now supported through an operational grant from Alberta Health 
- The purpose is to identify needs – **from the perspective of the community and care providers** - related to continuing care where education and/or research could help improve care

AND

- To encourage research and knowledge translation to address the identified issues.

Community Needs Driven Research Network (CNDRN) for Continuing Care in Alberta

Supported by:



Consultations, focus groups, & interviews
with front-line staff & community

Transfer knowledge back to caregivers
in the community, including:



<https://www.facebook.com/iccer.ca/>



https://twitter.com/ICcer_AB



<http://tinyurl.com/p9eabah> (Group)

<http://tinyurl.com/oo6kjmd> (Company)

Top 14 Issues Identified by CNDRN Consultation Process & Related Research & Education supported* by IC CER as of February 2017

1. Mental Health related issues (primarily Behaviours):

- *Challenging/Responsive Behaviours—Developing an AB Action Plan Symposium* (2012)
- *Managing Responsive Behaviours—PI Dr. S. Brémault-Phillips, U of A* (2013)
- *Behavioural Supports Alberta Symposium* (2014-2016)
- *Connecting with People with Dementia—PI N. MacLachlan, Bow Valley College* (2015/16)
- *Managing Responsive Aggressive Behaviors: Implementing & Evaluating a Capacity Building Process in Acute Care, Supportive Living & LTC—PI Dr. S. Brémault-Phillips, U of A* (2014-2017)
- *Responsive Behaviours 2017 - Communication Tools to Enhance Care* (2017)

2. Education related issues:

- *Creating Cultures of Care: How Responsive Leadership Enables Responsive Care events* (2013)
- *Responsive Leadership—PIs Dr. S. Caspar & D. McLeod, Bethany Care Society* (2014/15)
- *Creating Cultures of Care through Responsive Leadership workshops* (2016)
- *Learning Circles—PIs D. McLeod, Bethany Care Society & G. Barrington, Barrington Research* (2013); *PIs Dr. S. King, U of A & S. Friesen, Bethany Care Society* (2014/15); *PIs S. Friesen, Bethany Care Society & Dr. S. King, U of A* (2016/17)

3. System navigation & transition of care:

- *Feasibility Study of an On-Line Intervention for Family Caregivers of Residential-Living Frail Older Persons —PI Dr. W. Duggleby, U of A* (2016/17)

4. Technology for adult learning & point of care:

- *A Comparison of the Effectiveness of Electronic vs. Paper-based Documentation—PI J. Tse, Wing Kei Care Centre* (2014/15)

5. Role definition within the CC sector:

- *Optimizing Workforce Utilization to Inform Care Delivery in Continuing Care Facilities—PIs Dr. E. Suter, AHS & S.C. Woodhead Lyons, IC CER* (2012/13)

6. Staff retention & recruitment:

- *Exploring the Influence of Teamwork on Recruitment and Retention—PIs Dr. S. Dahlke & Dr. S. Stahlke, U of A* (2015/16, 2016-17)

7. Working with families:

- *Family/Staff Relationships in Continuing Care education session* (2015)

8. Caregiving:

- *Creating Culture Change in Continuing Care & Removing Expressive Behaviours in Dementia Care education sessions* (2014)
- *IC CER Speed Networking Event: Caregiving* (2015)
- *Towards an Alternative Material Culture of Dementia Care—PI Dr. M. Strickfaden, U of A* (2015/16, 2016-17)
- *IC CER Speed Networking Events: Person & Family Centred Care* (2016)

9. Intercultural issues:

- *Scoping Cultural Awareness Training Options for Staff Working with Older Canadians in CC in AB—PI Dr. L. Venturato, U of C* (2014/15)
- *IC CER Speed Networking Event: Intercultural Issues* (2016)

10. Need for Recreation & Rehabilitation staff:

- *Recreation Services & Quality of Life—PIs Dr. G. Walker & Dr. R. Haennel, U of A* (2014)
- *Determining Factors in the Care Environment that Influence the Effectiveness of Recreation Activities—PI D. Milke, CapitalCare* (2015/16)

11. Palliative Care, end of life, & hospice:

- *Transitions Experienced by Family Caregivers of Persons at the End of Life—PI Dr. W. Duggleby, U of A* (2014/15)

12. RAI research:

- *Inter-RAI: Utilizing Data to Enhance Clinical Care education session* (2015)

13. AHS policy inconsistencies

14. First Nations issues:

- *Developing an Educational Model to Support CC in Remote Northern Communities—PIs Dr. S. King, U of A & Dr. V. Thompson, Keyano College* (2014/15)
- *An Experiential Learning Curriculum to Support the Care of Aboriginal Populations in Continuing Care in Remote Northern Communities—PIs Dr. S. King, U of A & Dr. V. Thompson, Keyano College* (2016/17)



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*support is provided in various ways including financial support, research team support (Project Management, Advisory Committee, data collection and analysis, etc.), and knowledge translation.

Education Linkages

- Consistent approach toward value and quality of life
- Increased research opportunities
- Knowledge translation and networking
- Bridging the research to practice gap through education
- Increased inter-professional collaborative education
- Accreditation perspective

Research

- Industry relevant questions, the answers to which can inform our programs
- Opportunities to engage faculty in industry relevant issues and concerns
- Opportunities for students to develop research skills
- Opportunities to build new research partnerships with continuing care providers

Provider Perspectives

- Lifestyle Options Retirement Communities – supportive living facility, first built in 1998
- Provides care throughout continuum: home care, independent private care, supportive living 4, supportive living 4-Dementia and palliative/end of life care
- Also advocates to create public awareness throughout community

Provider Perspectives

Through ICCER our organization was able to network and collaborate with others

- Staff attended various seminars, workshops, and presentations by experts of their field.
- i.e. Workshops in behavioral support and the Learning Circles – a form of cooperative learning where participants discuss challenges of mutual concern and work towards a common goal.

Provider Perspectives

- Organization providers – like Lifestyle Options, by collaborating with researchers creates a better outcome for residents, their families and staff.
- Through ICCER networking NorQuest College and LO have collaborated in a research project to conduct interviews with family members, staff and other interdisciplinary team members

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Further information

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- [twitter \(@ICCER_AB\)](https://twitter.com/ICCER_AB)
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- [LinkedIn \(http://tinyurl.com/p9eabah—Group\)](http://tinyurl.com/p9eabah) or [http://tinyurl.com/oo6kjmd—Company page](http://tinyurl.com/oo6kjmd)