

## **NOTES FROM ICCER**

Emily and I had a very busy June, hosting Networking Events and Collaborative Practice Discussions in both Edmonton and Calgary. I was back to Calgary June 18—20 to attend the *Dementia Re-Imagined Symposium*—a very interesting day!

In March the ICCER Steering Committee decided that our members should showcase their innovative practices. Whichever organization is hosting an event will "show off" for the other ICCER members. We started in June with our Networking Events—both Bow Valley College and NorQuest College gave a tour of their simulation labs before the Networking Events began. At our Edmonton Collaborative Practice Discussion, we were treated to a Ukrainian lunch (courtesy of Baba's Own kitchen) and saw a virtual reality demonstration, a duet bike, and a Snoezelen Room at St. Michael's Long-Term Care Centre.

# CONNECT WITH US ON SOCIAL MEDIA



http://tinyurl.com, p9eabah (Group)

http://tinyurl.com/ oo6kjmd (Company)

We'll be announcing the dates of our fall events later this summer. Be sure to watch out for the 'Save the Dates' in our Newsletter!

Sandra Woodhead Lyons, PHEc Executive Director, ICCER

#### Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year!

If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1<sup>st</sup> to March 31<sup>st</sup> of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our <u>automated payment system</u>.

#### Click here for more details on what's included in an individual membership!

## **OUT & ABOUT WITH ICCER**

#### **ICCER Networking Events**

ICCER celebrated Seniors' Week (June 3-9, 2018) by hosting Networking Events in both Calgary and Edmonton. Our theme was *Keeping Seniors Safe* and speakers shared how they work towards improving the safety of seniors in our communities, including those in care.

At Bow Valley College we had presentations by Raynell McDonough (Strategist, Calgary Neighbourhoods, City of Calgary) on the Age-Friendly Calgary initiative, Tracy Stewart (South Zone Team Lead) from the Calgary Community Paramedic Program, and Sharon Janzen (Advocate for Seniors, Carya) talking about Elder Abuse Awareness.



# **OUT & ABOUT WITH ICCER CONT'D**

On June 6 we were at NorQuest College. Our speakers (pictured one page 1) included Caroline Smigielski (Executive Director, SAIF Society) and Melissa Kondro (Elder Abuse Response Coordinator, SAIF Society) who spoke about breaking the silence of elder abuse, as well as Sheila Hallett (Executive Director, Edmonton Seniors Coordinating Council) on Age-Friendly Edmonton, and Cory Christiansen (Educator) from the Edmonton Community Paramedic Program.

#### Click here to see the presentation slides from the June Networking Events!

#### **Collaborative Practice Discussions**

ICCER held Collaborative Practice Discussions for member organizations on June 5 in Calgary and June 14 in Edmonton. The topic was *Resident/Family Engagement*. The sessions were a continuation of the discussions held in June 2017, which looked at developing a model to assist with embedding resident/family engagement as an integral part of care.

The session in Calgary also included an opportunity for staff and family members from ICCER organizations to share their thoughts on the Health Quality Council of AB Long-Term Care Family Experience Survey Reports. HQCA was evaluating the reach and use of the Reports through focus groups.

Information from the events will be posted to the Members-Only Area of the ICCER website.



#### Adaptation of the UK's Music for Life



Some of our ICCER members participated in a 3-day discuss planning session to adapting and implementing the "Music for Life" program from the UK. We were pleased to help host the research team, including collaborators from the Winspear Centre, Wigmore Hall (London, UK), University of Toronto, and of course, our ICCER provider organizations. Dr. Hannah O'Rourke from the University of Alberta Faculty of Nursing is leading the initiative. The planning session was funded through a Planning & Dissemination Grant from CIHR. Some of the members of the research team are pictured left.

## **UPCOMING EVENTS**

Music Care Conference 2018, *Music, Aging and Wellness*, is being held on **Saturday, November 17** at CIGI Campus, **Waterloo, Ontario**.

Keynote speakers include Dr. Gary Ansdell, Music Therapy Practitioner and Scholar, Nordoff Robbins and Exeter University, UK; Dr. Andrea Creech, Canada Research Chair in Music in the Community, Laval University, Quebec City; and Ian Thomas, Canadian Singer/Songwriter and Juno Award winner.

# JOIN OUR COMMUNITY OF PRACTICE

#### **Music Care CoP**

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP). **All ICCER members are welcome to participate in the CoP!** 

Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca).

#### The next Music Care CoP meeting will be held via teleconference in September.

#### SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, click on the link to be added to our distribution list! Click here to subscribe!

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## **INTERESTING RESOURCES**

- Coming up in July is Canada Day! Here are some ideas to help celebrate:
- 1. Wear your most patriotic outfit.
- 2. Paint your face to match you outfit.
- 3. Wave your Canadian flag.
- 4. Host a Canada Day party or barbeque.
- 5. Eat your favourite Canadian foods.
- 6. Listen to your favourite Canadian musicians of Canadian-themed music.
- July 24<sup>th</sup> is International Self-Care Day. The theme for 2018 is "Feel Good, 7/24"

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (<u>emily@iccer.ca</u>).



If you no longer wish to receive the ICCER Newsletter, please email <u>emily@iccer.ca</u> to unsubscribe.

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