March 2017



NOTES FROM ICCER

Just a reminder that as of March 1st, individuals not associated with an ICCER member organization can join the ICCER network for \$150/year. If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits.

Individual memberships will run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our <u>automated payment system</u>.

Click here for more details on what's included in an individual membership!

ICCER is very pleased to announce that the <u>College of Licensed</u> <u>Practical Nurses of Alberta (CLPNA)</u> is officially a member as of April 1st! Please note that this includes only staff of CLPNA, not LPNs who are registered with CLPNA.



Sandra Woodhead Lyons, PHEc Executive Director, ICCER

OUT & ABOUT WITH ICCER

On **March 14th** Sandra Woodhead Lyons and Emily Dymchuk (Program Coordinator, ICCER) attended the <u>Alberta Association on Gerontology</u> (AAG)'s <u>Dementia Care Symposium</u> at Bethany Calgary. There were international and national speakers talking about innovations in dementia care. We were very pleased to listen to ICCER's own Renate Sainsbury (General Manager, Lifestyle Options Retirement Communities) present with Nicole Gaudet (Site Director, Copper Sky Lodge, Choices in Community Living) on the Alberta demonstration project on the UK Butterfly Homes model

On **April 19th**, the AAG Edmonton Chapter is hosting a networking dinner at the University of Alberta Faculty Club. The dinner will include student presentations by Tori Hui Ren on *Material Environments as Metaphors: Enhancing the Well-Being of People with Dementia*; Sharon Anderson, *What Happens to the Marital Relationship After Stroke?*; and Noelannah Neubauer, *To Prevent or React? The Present State of Management Strategies to Mitigate Wandering in Persons with Dementia*.

Click here for more information and to register! Registration is due by April 17th.

<u>St. Michael's Health Group</u> is hosting a learning luncheon with internationally renowned seniors nutrition researcher from the University of Genova, Italy, **Dr. Milko Zanini** (PhD, RN MsN, MA Soc) on **April 26, 2017**. If you have an interest in learning more about the importance of nutrition on our aging population, be sure to register! Information is available on ICCER's LinkedIn Company Page.

Click here for more information! RSVP by April 12th.

A reminder to those who attended *Responsive Behaviours 2017: Communication Tools to Enhance Care* on **February 23rd**: If you would like a certificate verifying your attendance for professional development purposes, please email Emily (emily@iccer.ca).

UPCOMING EVENTS

ICCER is hosting two networking events in April!

Join our Calgary-based member organizations on **April 4, 2017** for our Networking Event: *The Importance of Communication in Person-Centred Care*.

With speakers Donna Devlin (Educational Consultant, Geriatric Mental Health,





Calgary Region, AHS) and **Gail Thauberger** (Coordinator, HCA, RTA & NM Programs, School of Health & Wellness, Bow Valley College), we will be exploring the importance of communication in personcentred care. Donna will speak about the attitudes and judgements that are prevalent in caring for the mentally ill with responsive behaviours and developing a more open attitude and approach to care. Gail will share the findings of an ICCER-funded research project related to providing a leadership platform through communication strategies for LPNs. Opportunity to network over coffee and snacks included!

This session will be hosted at Bow Valley College from 2:00 to 5:00 PM.

Click here for more information and to register for this event!

We will be hosting our Speed Networking Event, *Influences on Person-Centred Care: Teamwork & Policy*, on April 20, 2017 from 9:00 AM to noon at Edmonton Clinic Health Academy.

Our speakers are **Sherry Dahlke** (PhD, RN, CGNC, Assistant Professor, Faculty of Nursing, University of Alberta), **Sarah Stahlke** (PhD, RN, Associate Professor, Faculty of Nursing, University of Alberta) and **Janet Nahirniak** (Masters Student, Human Ecology, University of Alberta). Sherry and Sarah will be presenting on their ICCER-funded project, *The influence of teamwork on healthcare providers' work satisfaction and desire to stay in their jobs working with old people*. Janet will be speaking about *Albertan Policy and Person-Centred Dementia Care*. An opportunity to network is included!







Click here for more information and to register for this event!

These events are *FREE* for staff, faculty, and students of ICCER member organizations and for individual ICCER members. A \$25 registration fee is required for non-ICCER members to attend.



SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, click on the link below to be added to our distribution list

Click here to subscribe!

MORE UPCOMING DATES

Here are some additional dates for upcoming ICCER events. More information to come!

- June 2017 (Dates TBD)
 Collaborative Practice
 Discussions in both Edmonton & Calgary! (Note: these sessions are only organizations!
- The ACCA is hosting its annual IQ Conference on September 27-28, 2017 in Red Deer, AB. IQ 2017: A World of Caring! will be of benefit to those who work with adults requiring continuing care and seniors. It will feature a world-class program, a tradeshow, and is held in conjunction with the ACCA's Awards of Excellence Gala. Registration will be opening soon!

UPCOMING EVENTS CONT'D

We are also hosting two Collaborative Practice Discussions in April for ICCER member organizations.

On **April 5, 2017** ICCER will be at Bethany Calgary hosting a Collaborative Practice Discussion. The same session will then be held on **April 19**th at St. Michael's Heritage Hall in Edmonton. We will be discussing the various policies and processes our members have implemented in meeting some of the new Continuing Care Health Service Standards. The Standards we will be discussing are: 5.0 Palliative & End-Of-Life Care, 12.0 Medication Management, and 15.0 Safe Bath & Shower Temperature. Participants will share useful information and resources with on another to help support person-centred care. **Collaborative Practice Discussions are only open to ICCER member organizations!**

SAVE THE DATE!

ICCER is partnering with Room 217 Foundation and the Winspear Centre to offer the 2017 Music Care Conference in Edmonton on November 6, 2017! Our Keynote speaker for the day will be Dr. Corene



Hurt-Thaut, Program Director, <u>Unkefer Academy of Neurologic Music Therapy</u>. Alberta's own Music Therapist, <u>Jennifer Buchanan</u>, will also be speaking. The afternoon will feature a variety of workshops. More information to come, so stay tuned!

JOIN OUR COMMUNITY OF PRACTICE



Music Care CoP

Many ICCER member organizations have implemented music care programs at their sites, or are interested in doing so. To help ICCER members become more aware of the music care options and resources available to them, we have created a Community of Practice (CoP).

All ICCER members are welcome to participate in the CoP! Staff who are interested and willing to participate, please contact ICCER's Program Coordinator, Emily Dymchuk (emily@iccer.ca).



The next Music Care CoP meeting will be held via teleconference on April 11, 2017 at 10:00 AM.

INTERESTING RESOURCES

- Related to communication and person-centred care, here is a resource from the Australian Centre for Evidence Based Aged Care at La Trobe University on <u>Sexuality and people in residential aged care facilities: A guide</u> for partners and families.
- Delirium can happen to any elderly individual, but it is very important to understand in long-term care settings. This review shows that delirium affects nearly 1 in 5 (18%) long-term care residents and carries a 40% one-year mortality rate. Due to the similarities between delirium symptoms and dementia, the former often goes undiagnosed or misdiagnosed in older patients, the review's authors said in the Journal of the American Osteopathic Association: Delirium Update for Postacute Care and Long-Term Care Settings: A Narrative Review.

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- **The Canadian Association for Long Term Care** has a 2017 report, <u>Caring for Canada's Seniors</u>, calling on the government to invest more money to make improvements to the care provided to seniors in LTC.
- Government of Alberta Workplace Legislation Review: A review of the Employment Standards Code and Labour Relations Code in Alberta is needed to ensure Alberta has fair, modern and family-friendly workplaces that support a growing economy. Albertans should be able to go to work and contribute to our economy while still being able to care for themselves and their families. The AB Government wants you to share your ideas by completing an online survey.

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).



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