May 2020



#### NOTES FROM ICCER

As Emily and I continue working from home, with only the occasional foray over to the office at the University of Alberta, we welcome hearing how our members are doing. I know from the emails and phone calls we've had that many of us are feeling the effects of our new way of life. As a result, Mental Health Week earlier this month was even more important than usual. Remember - reach out for help if you need it.

We recognize that as Alberta begins to reopen, it will take a long time to get back to "normal". That's why ICCER is planning to continue with our webinar series in the fall instead of hosting in-person events. Our spring webinar series will run until the end of June. If you haven't registered for the upcoming webinars yet, be sure to do so! They are listed on the following pages. If you register for a webinar, unexpected events may disrupt your schedule at the last minute. Don't worry - recordings of the webinars are available in the Members-Only Area of the ICCER website for Organizational and Associate members. For Individual members and non-ICCER members who've registered and get pulled away at the last minute, we've been scheduling special viewings of the recordings. If you register for a webinar and are unable to attend, let us know and we will try to help you!

Sandra Woodhead Lyons, PHEc Executive Director. ICCER

Become an Individual ICCER member! Individuals not associated with an ICCER organizational or associate membership can join the ICCER network for \$150/year.

Individual members get free access to ICCER events and webinars. If you are employed by one of ICCER's member organizations or associate members, you are already considered a member and are eligible for the related benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our <u>automated payment system</u>.

Click here for more information on individual membership!

### **REGISTER NOW!**

#### **ICCER Webinar Series**

ICCER has adapted its latest networking and education events to an online platform to support our "new normal" during the pandemic. In the months of May and June, we will have speakers presenting their innovative projects from two ICCER member organizations, the University of Alberta and Keyano College, as well as an interesting presentation by the Health Quality

Council of Alberta to finish the spring schedule. These presentations are suitable for a variety of audiences, including family caregivers! You can read more about each webinar below.

### Indigenous Health & Continuing Care in Rural Northern Alberta

Join us on **May 27, 2020 at 1 PM MDT** for a webinar with Dr. Nadine Rimmer, Keyano College, who will present a facilitator's guide for nurse educators. The guide includes a review of Indigenous history and cultural sensitivity with a focus of providing care for the Indigenous client in varying environments. Using case studies developed by a team of educators based on real people, concepts are introduced and discussed to provide culturally sensitive care, including knowledge about different complimentary therapies and including family and elders in support and care. Awareness of common health challenges within Indigenous peoples and the appropriate linkages to social determinants of health will round out the information.

## Click here to register for the webinar on May 27!\*

### Software Applications in Support of Caregiving to Older Adults

On June 11, 2020 at 10 AM MDT Dr. Eleni Stroulia, Ruby De Jesus, and Mehadi Sayed will describe three coordinated software applications that are being developed to be used to connect health care aides and family caregivers of older adults with dementia. Our speakers will highlight the opportunity to use technology to better enhance the support and communication between formal and family caregivers, and develop better software that will help those facing challenges associated with dementia.



# Click here to register for the webinar on June 11!\*

#### Human Factors in Healthcare

Join us on **June 24, 2020 at 10 AM MDT**. Jonas Shultz, Human Factors Specialist, HQCA, will present the first of a three-part webinar on the role of human factors in care environments. Human factors is the study of the interrelationship between humans, the tools and equipment they use, and the environment in which they work. Part 1 will provide a general overview of human factors and its introduction into healthcare in Alberta. Jonas will also share how this body of knowledge can be used to design or evaluate healthcare processes, information, equipment, and environments.

## Click here to register for the webinar on June 24!\*

\*These webinars are free for ICCER organizational, associate, and individual members. The cost for non-members to attend is \$15/site!

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### **SAVE THE DATE!**

## Walk with Me: Changing the Culture of Aging in Canada

Walk with Me 2021 will be held in Calgary, AB on April 22-23, 2021, co-hosted by the Schlegel-UW Research Institute for Aging and CapitalCare.

The <u>biennial conference</u> brings together older adults/residents, care providers, educators, policy makers, students, and researchers from all over Canada to learn with and from each other about how to enhance the journey of aging across the continuum of care and community living.

Sponsorship and exhibitor opportunities are now available for the WWM 2021 conference!



#### SIGN-UP FOR FUTURE EVENT INVITATIONS!

Receive future email invitations to ICCER events

Click here to subscribe!

# BECOME AN ASSOCIATE MEMBER OF ICCER

Who is eligible for Associate Membership? Organizations with an interest in supporting and improving continuing care in Alberta, but who are not continuing care provider organizations, post-secondary institutions, or regulatory bodies.

What are the benefits of Associate Membership? Benefits are similar to, but not as extensive as those for Organizational Members. Associate Members will not participate in the governance of ICCER but will receive...

- The opportunity to network and collaborate with like-minded organizations in both formal and informal ways;
- The ability for researchers and providers to discuss continuing care research needs;
- The opportunity for staff to join meaningful Communities of Practice (CoPs) in order to learn and collaborate;

- Limited free attendance to all ICCER events (unless a charge is required, in which case members pay a reduced fee);
- · Pre-registration for major education events;
- · Resources and information sent weekly;
- Members-only website that includes information and resources that most organizations would not otherwise be able to access; and
- The monthly e-Newsletter

Click here to read more on ICCER's website!

## JOIN OUR COMMUNITIES OF PRACTICE

ICCER started a Music Care Community of Practice (CoP) in fall 2016 and since then have added a CoP for Educators and Best Practice Leads in continuing care, as well as a collaborative working group for continuing care policies. All organizational members are welcome to participate! Associate members are invited to join the Music Care and Educators CoPs.

- Music Care CoP To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementation.
- Continuing Care Educators CoP An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/practice. The next meeting will be held via teleconference in July 2020.



 Policy Working Group - ICCER has started a collaborative working group for organizational members to work together on policies, procedures, and forms in hopes of making the audit process easier and more consistent.

If you are from an ICCER member organization or associate member and are interested and willing to participate in one of these groups, please contact ICCER's Program Coordinator, Emily Dymchuk (emily@iccer.ca).

SUBSCRIBE TO THE ICCER NEWSLETTER!

Click on the link to receive future issues of our monthly e-Newsletter!

Click here to subscribe!

### **RESOURCES**

- The International Federation on Ageing (IFA) is a hosting <u>Virtual Town Hall series</u> to explore COVID-19 and its impact on older people globally.
- The <u>Joy4all</u> hotline was created by Calgary high school students involved in the Ever Active Schools program to "bring joy to those in isolation," especially seniors. When you dial the number, you can choose from prerecorded stories, messages, jokes etc. They encourage children and youth to submit their own messages, content, and recordings too!



 Audrey Haight Wong, PHEc, designed an easily hand-sewable face mask with affordable, accessible materials for the adult ESL literacy learners of St. Francis Women's LINC Program (ECSD). Ninety-one learners picked up kits at school and completed the project at home as part of their continued schooling. The project was a huge success!

<u>Click here to access the instructions</u> that accompanied the 91 kits. Audrey is the developer and instructor for the program Tailoring Your Learning One Stitch at a Time.



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