October 2018



NOTES FROM ICCER

We have had a very busy, but productive, October! Emily and I enjoyed seeing so many of our colleagues at the various Networking Events and Collaborative Practice Discussions we held this month. You can read more about the events below and on page 2!

In addition to hosting our events, I enjoyed going to both the 2018 CAG Conference in Vancouver and the ACCA IQ 2018 Conference in Red Deer this month. Steve Friesen, Emily Dymchuk and I had papers accepted at both and I enjoyed sharing our work on resident/family engagement.

Sandra Woodhead Lyons, PHEc Executive Director, ICCER

Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year!

If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our <u>automated payment system</u>.

Click here for more details on what's included in an individual membership!

OUT & ABOUT WITH ICCER

ICCER Networking Events

ICCER hosted Networking Events in both Calgary and Edmonton on October 9 and 15. Our topic was *Ethical Dilemmas in Continuing Care* and speakers discussed both resident sexuality and intimacy, and cannabis use in continuing care. At Carewest Dr. Vernon Fanning Centre, Donna Devlin (Educational Consultant, Geriatric Mental Health, Calgary Zone, AHS) discussed the myths

associated with older adults and sexuality, as well as appropriate and inappropriate sexual behaviour. Gary Lepine (Clinical Ethicist, AHS) provided information in both cities on the use of cannabis in the care setting, and how this may change with legalization. In Edmonton, Shaniff Esmail (Dept. of Occupational Therapy, Faculty of Rehab Med, U of A) spoke about issues related to sexuality and aging, and how to use a sex positive approach when addressing resident sexuality.

Prior to the Networking Event, ICCER members in Edmonton had the opportunity to tour the Health Sciences Education & Research Commons Smart Condo at the University of Alberta. It was a great opportunity for further innovation sharing between our members!



Click here to see the presentation slides from the October Networking Events!

OUT & ABOUT WITH ICCER CONT'D

Collaborative Practice Discussions

Collaborative Practice Discussions were held in Edmonton on October 2 and in Calgary on October 10. The topic of discussion was *Supporting Staff in Abusive Situations*. Staff from ICCER member organizations shared their experiences with resident and family abuse and aggression, as well as situations of staff-to-staff abuse.

Those who attended in Edmonton had the chance to tour the Butterfly Home at Lifestyle Options Whitemud before the discussions began. To start the session in Calgary, Bethany Calgary hosted a coffee meet and greet in their atrium. Participants enjoyed the opportunity to see what other ICCER member organizations have implemented at their sites.

Information from the Collaborative Practice Discussions will be posted to the Members-Only Area of the ICCER website.



REGISTER NOW!

Education Event

Join us on **November 14, 2018** for *Palliative & End of Life Care in Continuing Care*

ICCER is pleased to offer an education opportunity for all levels of staff, as well as faculty, students, and family members involved in continuing care. We will have a range of knowledgeable speakers presenting a variety of topics related to palliative and end of life care in a continuing care setting. Speakers include:

- **Katherine Duthie** (Clinical Ethicist, North Zone, AHS)—What can we learn from The 5 Wishes? An exploration of the ethics of Palliative & End of Life Care
- **Brenda Slobozian** (Quality Practice Leader, Bethany Care Society)—Health Care Aide Competencies for Palliative/End of Life Care
- **Sandra Cook Wright** (Sarcee Hospital Educator, Pain & Palliative Consultant)—*One Organization's Approach to Palliative Care Support & Training*
- **Dr. Douglas Faulder** (Medical Director, Continuing Care, Edmonton Zone, AHS)—*Medical Assistance in Dying in Alberta: Two Years After Bill C-14*
- Colleen Torgunrud (Clinical Ethicist, AHS)—Exploring your values around MAID

Speakers will be presenting from both Edmonton Clinic Health Academy and the Faculty of Rehabilitation Medicine, U of A Calgary Campus. There is no cost to attend at either host site.

Registration is also available to attend via Zoom webinar! We encourage those participating via webinar to watch with a group to promote discussion. There is a cost of \$75/site for non-ICCER members to attend via Zoom webinar. There is no cost for ICCER organizational and individual members!

Click here for more information, including how to register!

SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events **click on the link** to be added to our distribution list!

Click here to subscribe!

JOIN OUR COMMUNITY OF PRACTICE

Music Care CoP

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP). **All ICCER members are welcome to participate in the CoP!**

Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca). The next Music Care CoP meeting will be held via teleconference on December 11, 2018.



IMPORTANT DATES FOR NOVEMBER

- October 29—November 2, 2018 is <u>Canadian Patient Safety Week</u>. This year's focus is on Medication Safety.
- November 6—12, 2018 is <u>National Senior Safety Week</u>
- November 27, 2018 is <u>GivingTuesday</u>

INTERESTING RESOURCES

- Palliative Alliance—Quality Palliative Care in Long Term Care: Tools & Resources for Organizational Change
- Dixon, J., Karagiannidou, M., & Knapp, M. (2018). The effectiveness of advance care planning in improving end-of-life outcomes for people with dementia and their carers: A systematic review and critical discussion. *Journal of Pain & Symptom Management*, 55(1), 132-150. https://doi.org/10.1016/j.jpainsymman.2017.04.009
- Sudore, R. L., Lum., H. D., You, J. J., Hanson, L. C., Meier, D. E., Pantilat, S. Z., ... Heyland, D. K. (2017). Defining advance care planning for adults: A consensus definition from multidisciplinary Delphi panel. *Journal of Pain & Symptom Management*, 53(5), 821-832. https://doi.org/10.1016/j.jpainsymman.2016.12.331

SUBSCRIBE TO THE ICCER NEWSLETTER!

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Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).



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