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# Definition of Patient and Family-Centered Care (PFCC)

 A <u>philosophy</u> and <u>approach</u> to care that guides all aspects of care provision and builds on <u>mutually</u> <u>beneficial partnerships</u> between patients, families and service providers.

(Adapted from Institute for Patient & Family Centered Care, 2008)



# Core Concepts of PFCC

- Dignity and Respect
- Information Sharing
- Participation
- Collaboration (Institute for Patient and Family Centered Care. http://www.ipfcc.org/faq.html)
- Co-creation
- \* The aim is working with patients and families rather than doing to or for them



# PFCC helps us clearly understand that...







# With that being said, this concept may evoke a multitude of emotions....





#### What we want to achieve with PFCC



Taken from Cancer Care Ontario website: https://www.cancercare.on.ca/pcs/person\_centred\_care



## Challenges of PFCC

- PFCC is a complex phenomenon
- The practice of PFCC requires a <u>paradigm shift</u> and a profound <u>change in culture</u> for organizations
- Sustainability of practice: allocation of resources, support and ongoing evaluation required
- Lack of coverage in curricula of health care professions



## Why practice PFCC?

- Legislation Requirements (Alberta CCHS)
- Accreditation Requirements
- Vital component of business model for health care organizations
- Technology advancements
- Increase patient and staff satisfaction and experiences
- Increase awareness of patients' rights
- Ethical reasons: It is the right thing to do



### Summary

- PFCC represents a cultural shift
- PFCC is a means to improve quality and safety of care
- Sustaining PFCC practice is challenging
- Transition from creating patient and family centered moments to a patient and family centered culture: From individual experiences to attaining group consensus for practising PFCC is the positive approach



#### Resources

- Institute for Patient and Family Centered Care (<a href="http://www.ipfcc.org/">http://www.ipfcc.org/</a>)
- Patient and Family Centered Care: Saskatchewan Health Initiative
  - (https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/saskatchewan-health-initiatives/patient-and-family-centred-care)
- Alberta Health Services: Patient and Family Centered Care Resource Kit

(http://www.albertahealthservices.ca/assets/info/pf/pe/if-pf-pe-pfcc-resource-kit-ext-web.pdf)